



THE WOODLANDS YOUNG LEARNER'S ACADEMY

DAILY LUNCH SELECTION

SEPTEMBER 2010

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BBQ Chicken Potatoe Cheese Applesauce	Beef Teriyaki Stir Fry Rice Pudding	Lasagna Green Beans Roll Fruit Cup	Chicken Broccoli Alfredo Salad, Roll Cake	Grilled Roast Beef & Provolone Sandwich Chips Brownie
6 Labor Day	7 Chicken & Dumpling Mixed Vegetables Roll Jello	8 Meatloaf, Gravy Mashers Roll Fruit Cup	9 French Toast, Scrambled Eggs With Cheese	10 Pizza Salad Corn Dessert
13 Chicken Broccoli Rice Casserole, Salad Roll, Ice Cream	14 Salisbury Steak Mashed Potatoes Roll	15 Chicken Quesadilla, Rice, Chips, Queso, Pudding	16 Pork Sweet/Sour Stir Fry w/ Mixed Veggies Rice	17 Grilled Turkey & Cheese Sandwich, Mac & Cheese, Ice Cream
20 Pot Roast, Carrots & Potatoes, Salad, Roll, Ice Cream	21 Veggie Lasagna Corn, Roll Brownie	22 Pancakes & Scrambled Cheese Egg	23 Turkey, Gravy & Rice, Roll, Applesauce	24 Pizza Salad Corn Dessert
27 Penne Chicken Mixed Vegetables Roll Brownie	28 Taco Salad / Tacos Ranch Beans Applesauce	30 Chicken Strips Mashed Potatoes Dessert	Beef Tips w/ Gravy Rice Green Peas Jello	Turkey, Ham & Cheese Sandwich Chips Cookie
MEALS ARE SERVED WITH 2% MILK.				